



"Smart Snacks in School"



NO HIGH FRUCTOSE SMART
NUT FREE NO ARTIFICIAL WHOLE
FACILITY COLORS GRAIN CORN SYRUP SNACK DAIRY



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NUT FREE NO ARTIFICIAL WHOLE
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SMART SNACK UD



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NO HIGH FRUCTOSE SMART
NUT FREE WHOLE GRAIN
FACILITY COLORS CORN SYRUP SNACK DAIRY



NO HIGH FRUCTOSE SMART
NUT FREE NO ARTIFICIAL GLUTEN
FACILITY COLORS FREE CORN SYRUP SNACK DAIRY



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Product	Size Weight	Cal.	Cal. from fat	Total Fat	% of fat cal	Sat. Fat	<10% 2g or less Cal from Sat Fat	Trans Fat	Sodium	Carb Sugar	% of sugar by weight	Vit. A	Vit. C	Cal.	Iron
Low Fat Sandwich	2.5 fl oz 54g	110	15	1.5 g	12%	1g	8%	0g	110mg	21g	22%	2%	0	8%	0
Strawberry Shortcake	3 fl oz 70g	130	30	3.5g	24%	1g	7% 51% whole grain	0g	45mg	23g	22%	10%	0	4%	0
Chocolate Shortcake	3 fl oz 63g	140	40	3.5g	23%	1g	6% 51% whole grain	0g	60mg	22g	21%	10%	0	4%	4%
Crumbled Cookie Cone	3 fl oz 70g	170	30	3.5g	19%	1.5g	8% 51% whole grain	0g	105mg	31g	21%	10%	0	6%	4%
Birthday Cake Cone	3 fl oz 70g	160	20	2.5g	14%	1.5g	8% 51% whole grain	0g	115mg	33g	24%	0%	0%	6%	4%
Orange Cream Bar	2.5 fl oz 52g	70	10	1g	13%	.5g	6% Gluten Free	0g	31mg	14g	20%	15%	0	4%	0
Fudge Frenzy	2.5 fl oz 63g	90	0	0	0%	0g	0% Gluten Free	0g	80mg	19g	21%	0	0	10%	6%
Sour Swell	2.5 fl oz 53g	70	10	1g	13%	.5g	6% Gluten Free	0g	20mg	12g	19%	10%	0	2%	0
Creamy Cotton Candy	2.5 fl oz 54g	70	5	1g	13%	.5g	6% Gluten Free	0g	40mg	15g	15%	10%	0	6%	0
Banana Fudge Rocket	4 fl oz 88g	130	15	1.5g	10%	1g	7% Gluten Free	0g	95mg	26g	20%	0	0	10%	2%
Power Pop	3 fl oz 64g	80	5	.5g	6%	0g	0% Gluten Free	0g	15mg	19g	25%	10%	0	0%	0
Sour Cyclone Blue Raspberry	3.75 fl oz 80g	100	10	1g	2%	.5g	3% Gluten Free	0g	35mg	21g	21%	25%	0	2%	0%

Nutrition facts for each item can be found at www.richicecream.com.

*Nutrition facts are subject to change without notice

Updated 3/2/2017